



COVID-19 POLICIES AND PROCEDURES 2021

Masks

1. Upon arrival for team warm up/practice face masks are mandatory.
2. Maintain 2m apart as much as possible.
3. Face masks will be worn for warm up.
4. Masks must be in place at any time while on NPC docks.
5. Loading boats mask is required.
6. Once the boat pushes away from the dock it will be your choice to remove your mask.
7. Upon returning to NPC docks masks must be put back on and remain until you are off the docks.

Sanitizing

8. Each team will be responsible for sanitizing the boat on return to dock
 - Sanitizers and cloths will be supplied.
 - Spray the seats, gunnels, steering oar handles and coaches chairs.
 - Anyone using NPC equipment – paddles and/or PFDs – will be responsible for sanitizing and placing back to designated place. It will then be the responsibility of the coach or designate to place in the paddling shed.

Paddling Shed

9. No one will be allowed in the paddling shed at this time with the exception of your coach or steers person.
 - Keys will be left in a basket outside of shed and locked in shed by your coach or designate.
 - At this time we discourage you from bringing excess baggage to practice.

We at the Nanaimo Paddling Centre will do our best in keeping our paddlers, coaches and steers people safe. We would prefer that each of our club members have at least one (1) COVID-19 vaccination. Let's all do our part to make this a safe return to the sport we love.

(These policies and procedures must be adhered to. Anyone not abiding by these precautions will be asked to leave.)